



# **RED FROGS**



**EDUCATION PROGRAMS**

PARTNERING WITH YOU TO SAFEGUARD A GENERATION OF YOUNG PEOPLE

# PROGRAM OVERVIEW



## LEVEL UP

### PROGRAM OBJECTIVES

Every young person has inherent worth, value and great potential for their future. This program has a two-fold focus - it explores both self-worth and the worth of others. This program has been designed to assist young people to discover their identity and be confident in the way in which they are wired. Students will leave encouraged and excited about who they are and the future that lies ahead.

### ISSUES DISCUSSED

- Having a positive relationship with oneself
- Having a positive relationship with others
- Build confidence, discover their purpose & strengthen their resilience
- Unrealistic expectations and standards set by society, culture and media
- Mental health
- Encouragement to dream big and reach potential

## PARTY SAFE

### PROGRAM OBJECTIVES

Transitioning from school into the adult world poses many challenges to navigate and potentially life-altering decisions for young people to make. Students will be made aware of and equipped to navigate many of the situations they may be confronted with in various party environments. This program is based on research and the many years of experience Red Frogs has in supporting young people in party environments such as Matric Rage, end-of-school celebrations, festivals and university parties.

### ISSUES DISCUSSED

- Alcohol, drugs and the South African drinking culture
- Mental health - depression, anxiety and suicide ideation
- Peer pressure and making positive choices
- Safe partying tips
- Choices, responsibilities and relationships

## AUDIENCE

The LEVEL UP program is aimed at students between grades 8-9

The PARTY SAFE program is aimed at students between grades 10-12

## WHAT WE WILL PROVIDE

- Red Frogs sweets
- Education booklets

## RUN TIME

- 1 hour program but can be adjusted

# OUR PURPOSE

Red Frogs is a support programme created to safeguard the next generation. Today's young people are confronted with an array of important issues that can shape their future in a positive or negative way. Red Frogs offers direct relief and real solutions to these problems. Our passion and focus is to support schools in preparing students for the various situations they will face in South African society and culture. We're here to partner with you in equipping your young people to thrive and succeed in all areas of life when you are no longer beside them.

# OUR VALUES

## Educate

RFE consists of programmes that educate young people about safe partying behaviours, the consequences that could arise from their actions, the high school to life after school transition point and the inherent worth and value within themselves and their peers.

## Equip

RFE equips young people with the information, advice and tools necessary to assist them in navigating many of the challenges they may face in this unique season of life.

## Empower

RFE empowers young people to be a voice of change within their culture, to make positive life choices, to dream big and to reach their potential.



## RED FROGS IN A SNAPSHOT

Students educated nation wide:  
Education programs nationally:  
Provinces represented in:

5 713  
25  
4



PEOPLE SUPPORTED  
32 567



RED FROGS SWEETS  
8 Tonnes



CUPS OF WATER  
265 542



PANCAKES  
21 481

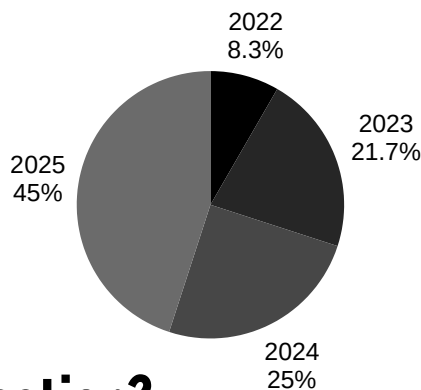
# What our teachers and students had to say:

"World class! Red Frogs is an incredible organisation that is serving and reaching out to young people across the country. They are relevant, real, well-respected and have a proven track record of literally saving lives. They ask the important questions that so often don't get spoken about by adults and, most importantly, equip young people with the skills to make healthy decisions."

**TEACHER**

"The meeting was great, you really connected well with us and we were all listening intently to what you were saying. The ideas were really practical and I certainly feel more comfortable knowing that you are there for us."

**STUDENT**



## Why Red Frogs Education?

The increase in presentation bookings is an indication of Red Frogs Education growth and presence in high schools. It also shows the growing interest of educators, such as LO Teachers and Heads of Departments, who are seeking additional support when it comes to the emotional and social well being of their students.



## HOW TO BOOK

Scan to read more about what we do and to book a program or email  
[education@redfrogs.co.za](mailto:education@redfrogs.co.za)

